

Executive Coaching Programmes

What is Coaching?

The purpose of coaching is to support and guide an individual or team to achieve their full potential. By working through real business challenges, achieving clarity and generating solutions, coaching provides 'real time' sustainable learning leading to performance improvement with tangible results.

How can coaching benefit your business?

- It can improve productivity, increase profitability
- It is a cost effective way of improving performance
- It is flexible and time efficient
- It is personalised and focused on your issues and your people
- It delivers results, fast

Our Coaches

All of our coaches are accredited by a recognised coaching body and our executive coaches are qualified to a minimum of advanced diploma level. We combine these qualifications with a wide variety of sector, industry and organisation experiences. We have coached middle and senior managers, executives and board members both in the UK and in Europe. Most importantly, we are steadfast in our positive belief in the people that we coach as they have all the talent and abilities required to achieve their goals. Our role is to help them to access these talents and develop them effectively.

Typical Coaching Scenarios

One to One

- To create the time and space to thoroughly think things through
- To develop newly promoted managers to quickly meet the requirements of the role
- To fast track high potentials
- To support the long term development of high performers
- To help transfer learning into action following a formal development programme
- To support managers through change
- To get new starters up to speed as quickly as possible

Team Coaching

- To clarify a common purpose for the team e.g. setting strategy
- To create productive working relationships
- To develop better understanding and utilisation of the individual strengths

For a no obligation meeting on how we can help with your leadership training and development contact us at e: enquiries@lcp.org.uk
t: 01273 590232 or visit our website at www.lcp.org.uk

LCP Coaching Process

- 01 Initial discussion between LCP and business sponsor
- 02 Client selects coach
- 03 Business context, communication and review process established
- 04 Introductory meeting between coach and client to discuss the coaching process and programme objectives
- 05 Programme commences (6 sessions with an option to opt out after 3)
- 06 LCP contacts business sponsor for feedback

Note: This is an example of the coaching process which will be tailored to meet the needs of each business sponsor/client.

“ With their support and guidance I was able to accept and understand the changes in my personal and professional life which has allowed me to put the past behind me and look forward and rise to the challenges of my new role with the confidence and belief in myself that I can succeed. Thank you so much. ”

Human Resources Manager,
Healthcare Equipment Manufacturer